

BrainFood Nutrition Fee Schedule 2020

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New Client intake:

\$325 Initial Intake Appointment (90 Minutes)
\$140 Follow up Appointment (60 minutes)
\$465 will be charged to new clients at the time of booking.

Follow up appointments:

\$140 (60 minutes)

Follow up 6-pack discount (weekly or bi-weekly appointments):

\$599 (roughly \$99 per follow up visit)
\$25 15-minute quick call (between weekly appointments)

Health Insurance Superbills

I do not currently participate with any insurance plans, however I am happy to provide you with a superbill, which you may submit for reimbursement. Please contact your health insurer prior to scheduling an appointment to ask if they cover nutrition visits.

CPT codes identify the service provided by a healthcare professional.

For example, CPT codes for Medical Nutrition Therapy (MNT) are:

MNT CPT Code	Description	Time Unit
97802	Initial assessment/intervention visit(s)	(1 unit = 15 minutes. Some insurers allow up to 3 hours per year.)
97803	Follow-up reassessment/intervention visits	(1 unit = 15 minutes. Some insurers allow up to 3 hours per year.)
Telehealth Modifier	Description	
GT	Via interactive audio and video telecommunications system	

ICD-10 diagnosis codes are used by physicians and medical coders to assign medical diagnoses to individual patients. As clinical nutritionist/licensed dietitian nutritionist (CNS/LDN) I cannot make a medical diagnosis (thus, I cannot assign an ICD-10 code). However, ICD-10 codes may be used on referrals and superbills.

Some common ICD-10 codes you may see on referrals include:

- **Z71.3** – Dietary counseling and surveillance (typically used for preventive services)
- **E11.____** – Type 2 Diabetes (the ____ specifies if any complications are present)
- **E66.0** – Obese due to excess calories
- **E66.3** – Overweight (weight management referrals)

A complete list of ICD-10 codes has been created by the Academy of Nutrition and Dietetics:

<http://www.eatrightpro.org/~media/eatrightpro%20files/practice/getting%20paid/icd10cmcodesforrdns.ashx>